

# Dr. Mom's Must-Have List

## Build Your Stash

*Next after your starter kit...*

### ESSENTIAL OILS

Geranium	Rosemary	Helichrysum
Purification	Cypress	Oregano
Copaiba	Juniper	Raven
Cedarwood	Vetiver	Lemongrass
NL Bl Spruce	Cedarwood	Calm
M-Grain	Tea Tree	Melrose
RC	Season Essentials	

### BARE NECESSITIES

NingXia Red	Thieves Cough Drops
K&B	Cool Azul Pain Cream
Animal Scents	Rose Ointment
Claraderm	Parafree
Unwind	Vitality Drops
Thieves Spray	Empty Veggie Caps

### HOUSEHOLD DETOX

- Thieves® Household Cleaner (w/ glass spray bottle)
- Thieves® Foaming Hand Soap
- Thieves® Laundry Soap
- Thieves® Fruit & Veggie Soak
- Thieves® Dish Soap
- Thieves® Kitchen & Bath Scrub
- Thieves® Hand Sanitizer
- Seedlings Wipes