

Holistic + Clearshare



Plan Details

PLAN TYPE	HEALTHSHARE		
Individual Annual Max	\$1,000	\$2,500	\$5,000
Family Annual Max	Up to \$3,000	Up to \$7,500	Up to \$10,000

Functional Medicine Services

SERVICE	COST	INFO
Primary Care Visit	\$20	Includes traditional care through licensed medical providers, as well as functional care, including licensed Naturopathic Doctors (ND), Doctors of Chiropractor (DC) with a DABCI certification, or Doctors of Medicine (MD) or Doctors of Osteopathic Medicine (DO) specializing in functional medicine. \$150 benefit limit per visit. Costs over \$150 per visit are the member's responsibility. Limited to 5 visits per calendar year, per person.
Breast Imaging	\$150 / Test	Includes either thermography or mammogram. Limited to 1 visit per calendar year, per person.
Chiropractic	\$35 / Visit	Including any licensed Doctor of Chiropractor (DC). Limited to 24 visits per year, combined with acupuncture. \$175 benefit limit per visit.
Acupuncture	\$35 / Visit	Including any licensed acupuncturist (LAc). Limited to 24 visits per year, combined with chiropractic. \$175 benefit limit per visit.
IV Drips	\$25 / Month	\$100 benefit limit per month. Costs over \$100 are the member's responsibility.
Essential Oils	Reimbursement: \$50 / Month (Individuals) \$75 / Month (Couples / Families)	ClearShare will reimburse essential oils and supplements purchased through Young Living up to \$50 per month for individuals and \$75 per month for members with more than one person on the plan.
Rx Tier 1: Generic	\$0	Limit \$500 per member per year.
Other RX	Discount available	N/A

Functional medicine services do not accumulate towards your annual max, and pre-membership condition limitations do not apply.

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Common Service Costs

SERVICE	COST	INFO
Preventive Care	\$20	\$150 benefit limit per visit. Limited to 5 visits per calendar year, per person for any office visit (preventive, primary care, or specialist).
Specialist Care Visit	\$20	\$150 benefit limit per visit. Limited to 5 visits per calendar year, per person for any office visit (preventive, primary care, or specialist).
Urgent Care	Free After Annual Max Is Met	See Member Guidelines For Eligible Expenses
Lab Work	Free After Annual Max Is Met	See Member Guidelines For Eligible Expenses
Diagnostic Test	Free After Annual Max Is Met	See Member Guidelines For Eligible Expenses
Imaging	Free After Annual Max Is Met	See Member Guidelines For Eligible Expenses
ER / Hospital	Free After Annual Max Is Met	See Member Guidelines For Eligible Expenses

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Annual Maximum

The annual maximum is the amount that a member will pay before the ClearShare community shares in medical expenses. If you have family members on the plan, they have to meet their own Annual Max until the overall Family Annual Max has been met.

Telemedicine

Your plan includes membership with telemedicine, providing unlimited access to a physician 24/7 with no copay for general medical visits.

Virtual Mental Health

This plan includes membership with Amaze, providing unlimited access to providers 24/7 with no cost for a wide range of virtual services. Other members of your household, such as a spouse and children under 26, are still eligible for Amaze if even they are not on the plan with you.

Amaze mental health professionals provide immediate and responsive interventions such as bridge therapy and medication management. They also assist in finding the right care for you and your financial situation, should you need additional support.

SERVICE	COST	INFO
Psychology	\$0	Amaze provides services in psychiatry, psychology, and medical management following a mental health prevention model. Treatment plan and length is determined by the medical professional.
Psychiatry	\$0	Amaze provides services in psychiatry, psychology, and medical management following a mental health prevention model. Treatment plan and length is determined by the medical professional.

Holistic + Clearshare Accessing Care

Functional Medicine Services

Most holistic providers will only accept cash payments at the time of service. Please tell your provider you are a cash-pay patient, and request an itemized superbill with each service or procedure listed, as well as the cost of each. If you expect multiple treatments, ask your provider for a bundled price or package for services. You can submit your bill(s) and proof of payment directly to ClearShare at www.ClearShareHealth.org/holistic-need-request.

Other Services

When there are no restrictions on the providers you can access, you can receive care anywhere. Tell them you are a "Cash Pay" customer.

Scheduling Procedures:

- Contact Care Coordination for help and to waive your costs.
- If you already have a quote from your provider, submit a need request: www.ClearShareHealth.org/need-request
- Submit your need request at least 21 days before your procedure.

ER Visits Or Hospital Services:

- There are no restrictions on providers.
- Tell them you are a "Cash Pay" customer and request an itemized superbill.

Payment:

- Save all bills and receipts.
- Open a need request and upload documents at www.ClearShareHealth.org/need-request.