

BECOMING WHO YOU WERE CREATED TO BE

SELF INVENTORY

for Leaders



“When you’ve got a strong enough why, you can always
find the how.” - Zig Ziglar

LEADERSHIP INVENTORY



WHAT DO YOU DESIRE FOR YOUR BUSINESS? BE SPECIFIC.

DO YOU FEEL LIKE YOU ARE ACCOMPLISHING THE THINGS YOU DESIRE?
WHY OR WHY NOT?

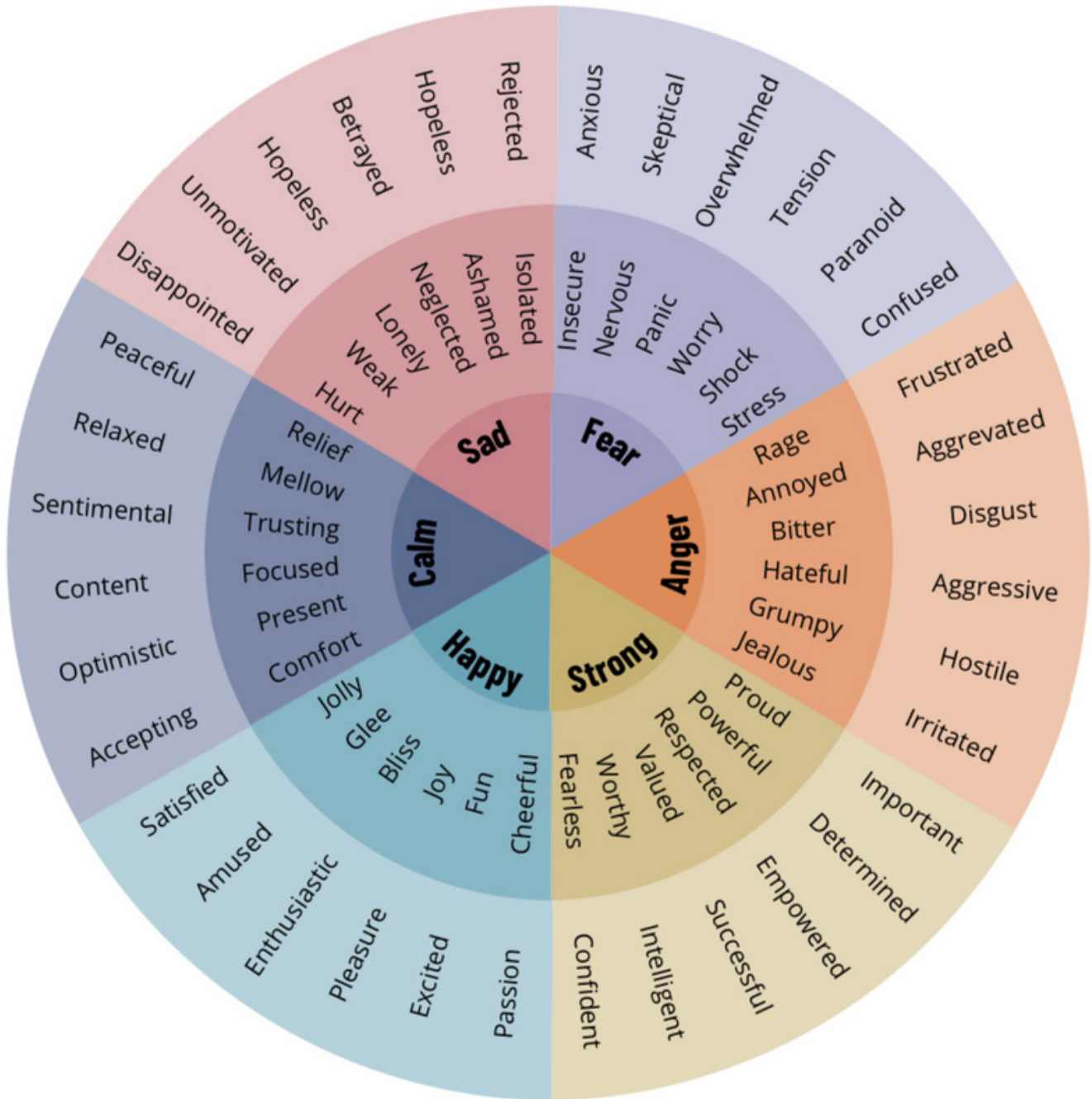


Get Curious

WHAT DO YOU THINK THIS MEANS?



The Emotions Wheel



WHEN YOU THINK ABOUT THIS, WHAT EMOTIONS DO YOU FEEL IN YOUR BODY? CLOSE YOUR EYES AND REFLECT. WHAT IS THE STRONGEST EMOTION YOU FEEL?



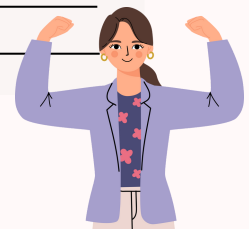
TAKE A DEEP BREATH. WHEN YOU FEEL THIS EMOTION, WHAT SORT OF THINGS DOES IT MAKE YOU WANT TO DO OR NOT DO? HAVE YOU SEEN THIS PATTERN IN YOUR LIFE BEFORE?



IF YOU DO (OR DON'T DO) THESE THINGS WHAT WILL LIKELY BE THE RESULT?



IS THIS THE OUTCOME YOU WANT? HOW ARE THE THOUGHTS THAT STIRRED THESE EMOTIONS AND BEHAVIORS SERVING YOU OR HINDERING YOU?

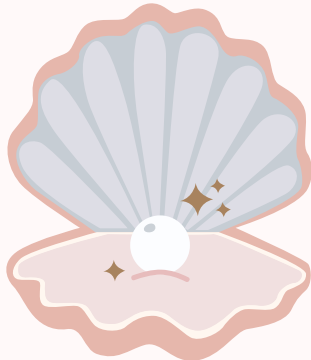


WHAT SORT OF ACTIONS AND BEHAVIORS WOULD YOU NEED TO TAKE
TO CREATE THE OUTCOMES YOU DESIRE?



DESCRIBE THE SORT OF LEADER WHO PRACTICES THOSE THINGS

WHAT IS THE OUTCOME YOU WANT TO SEE IN ONE YEAR? FIVE YEARS?
TAKE YOUR TIME. ASK YOURSELF WHY?



WHAT ACTIONS DO YOU NEED TO TAKE TO CREATE THE OUTCOME YOU DESIRE?



I'M BEGINNING TO BELIEVE THE FOLLOWING IN ORDER TO BECOME THE PERSON WHO WILL PUT THOSE ACTIONS INTO PRACTICE:



WHEN YOU PICTURE YOURSELF PRACTICING THOSE THINGS, HOW DOES IT MAKE YOU FEEL?

DESCRIBE IN DETAIL WHO YOU ARE COMMITTED TO GROWING INTO/BECOMING TO CREATE THE FOLLOWING DESIRED OUTCOME:





Self Assessment

Things I do on a daily basis

- | | |
|--|--|
| <input type="radio"/> Apply an oil & meditate on Truth | <input type="radio"/> Reach out/shout outs |
| <input type="radio"/> Post about my biz | <input type="radio"/> Examine Virtual Office/Reports |
| <input type="radio"/> Connect with my Team | <input type="radio"/> Follow Up |

Areas I need to work on most

- | | |
|---|--|
| <input type="radio"/> Income Producing Activities | <input type="radio"/> Care Calls/Follow-up |
| <input type="radio"/> Teaching/Hosting | <input type="radio"/> Showing up for Team Activities |
| <input type="radio"/> Vendor Events | <input type="radio"/> |

List areas where you've grown since you started with Young Living:

- | | |
|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> |
| <input type="radio"/> | <input type="radio"/> |
| <input type="radio"/> | <input type="radio"/> |

Goals I want to achieve within the next year

- | | |
|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> |
| <input type="radio"/> | <input type="radio"/> |
| <input type="radio"/> | <input type="radio"/> |



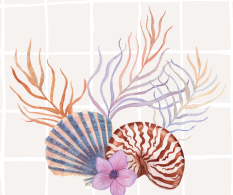
Plan Your Month/Year

Planning ahead can reduce a lot of stress and give you room to breathe. Consider taking time to create a system that works for you and your current season of life.

- Brain Dump all your ideas in one place before organizing
- Set Expectations/goals/dreams
- Classes/Schedule/Calendar
- Social Media Content/Graphics
- Newsletter/Prizes/Incentives
- Create resources for team to easily duplicate




Brainstorm with other leaders and swap ideas!




MY 2024

Vision Board


GOALS + MOTIVATION




I can visit interesting places with my family




I make a comfortable income and buy things I need




I take time for self care and make time for the things that bring me joy



I have a beautiful creative space I enjoy being in



I get to help as many clients as I can



I do good work that makes a difference in people's lives and get paid well for it

My Goals - Mood Board



Rest

Self
Employment



Exercise

Get Healthy



My Goals This Year

LIFE:

- Write your goal here
- List another goal here
- Write your 3rd goal here

CAREER:

- Write your goal here
- List another goal here
- Write your 3rd goal here

MINISTRY OR SERVICE:

- Write your goal here
- List another goal here
- Write your 3rd goal here

Words to Live by

THRIVE

LOVE

JOY

PEACE

ABUNDANCE

INVEST

RELATIONSHIPS

EFFORT

SATISFACTION

REST

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Notes