



PEPPERMINT CREAM SIMPLE SYRUP

- 1 C. raw sugar, honey, or maple syrup
- 1 C. water
- 5-10 drops VL Peppermint Vitality EO
- 1 tsp. Pure Vanilla Extract

Combine sugar & water in sauce pan and simmer for about 5 minutes. Let cool completely, and add vanilla & essential oils.

Mix with coffee, tea, or cocoa, along with a splash of heavy whipping cream or half-n-half. May also mix into whipped cream or ice cream.



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